

Date of Release: March 6, 2020

Thank you for your continuous hard work and commitment towards Villa Cathay residents!

As the public health landscape surrounding coronavirus in BC continues to rapidly evolve hour by hour, effective March 6, 2020, Villa Cathay would need all visitors (including volunteers) of Villa Cathay to follow additional measures during this unprecedented situation:

- All visitors are required to sign-in upon arrival at Villa Cathay in the lobby.
- All visitors who have returned to Vancouver in the past 14 days via a plane or on a cruise, or have travelled to any areas with confirmed cases of the coronavirus in the past 14 days (such as US Seattle and the Washington State, Mainland China, Hong Kong, Iran, Japan, Singapore, South Korea, Italy, etc.), please self-quarantine for 14 days before visiting Villa Cathay Care Home.
- Anyone who has flu-like symptoms, or have come to close contact with another person who has flu-like symptoms, please postpone visiting Villa Cathay for 14 days or until the person is fully recovered.
- Any visitor (including family members and volunteers) who has not taken the flu shot, is required to bring his/her own face mask to wear while in Villa Cathay.

We would also like to share some flu prevention tips with you:

- Wash your hands frequently and thoroughly to limit the transfer of viruses. In Villa Cathay, there are hand sanitizers and hand-washing sinks in the common areas for you to clean your hands before visiting your loved ones.
- Do not touch your own nose, eyes, or mouth or others' without washing your hands first.

- Cover your mouth and nose with a tissue or into your elbow when you cough or sneeze.
- Balanced diet, exercise and adequate sleep will strengthen your immune system.
- Stay home to rest until any flu-like symptoms are recovered.

Your assistance in following the above precautionary measures will significantly reduce the risk of exposing Villa Cathay residents to the virus. We thank you in advance for your partnership!

Should you have any questions or concerns, please feel free to let any of our team members know, or contact me via this email or call 604-254-5621.

Yours sincerely, Szuchi Lee Executive Director Villa Cathay Care Home