Companion/Porter Volunteers

Villa Cathay is seeking nurturing, dependable and caring volunteers with a passion to working with seniors. Seniors often struggle with isolation and loneliness. Visiting a senior for just one hour a week can have a significant positive impact on their mental health and sense of connection and purpose. We are seeking volunteers to visit seniors living in our residential care home on a one on one basis to share an interest or activity, provide social companionship and provide opportunities for seniors to share their life experiences. If you enjoy developing relationships with the elderly and serving others, we invite you to join our team.

**Opportunities & Rewards**

Volunteers in our residential care home have the opportunity to:

* build relationships and connect with our seniors
* help to improve the quality of life for our seniors
* help to treat and care for our seniors with love, respect and dignity
* acquire new skills while giving back to the community

**Roles & Responsibilities**

After attending a training and orientation session, successful applicants will be matched with a senior in our care home. You will then spend time visiting with the senior on a weekly basis to share conversation, joining in leisure activities together or just escorting the resident out to our private courtyard on warm dry days to enjoy the warmth, fresh air and companionship. You may escort the senior to the dining room during meal time for him/her to enjoy a meal.

**Qualifications:**

Successful applicant must be:

* Dependable, personable and friendly, patient and willing to commit to a regular schedule.
* Able to comfortably assist elders who have physical and/or cognitive challenges (Dementia).
* Physically capable of pushing seniors in wheelchairs and carrying out light physical tasks as required.
* Fluent in English (written & spoken). Ability to speak Cantonese &/or Mandarin is an asset.
* Able to follow directions, work together as a team and learn to interact with seniors effectively.
* Reliable and able to work independently once you are familiar with the position.

The successful candidate will receive ongoing training, letter of reference (after 30 hours of volunteering) and an invitation to volunteer appreciation events.

All volunteers must pass a Vulnerable Persons Criminal Record Check and TB (Tuberculosis) test. You must also take a Flu shot or wear a mask during flu season (December – March) while volunteering in Residential Care Homes. A three (3) month minimum commitment is required.