

## **Rehabilitation Assistant Job Description**

Within the context of a resident and family centered, culturally oriented care model and in accordance with the mission, SENIOR values, and care philosophies of Villa Cathay Care Home Society, the Rehabilitation Assistant works under the operational supervision and direction of the Director of Care and the consultative work direction of a physiotherapist or occupational therapist, and in cooperation with interdisciplinary team members, to carry out established rehabilitative and restorative nursing activities.

The responsibilities of the Rehabilitation Assistant include assisting with practicing rehabilitative exercises, restorative nursing exercises, and daily living skills; demonstrating and teaching activities; assisting with organizing, maintaining, cleaning of mobility and transfer equipment and supplies for residents; ensuring a safe work environment; and maintaining other designated equipment. The Rehabilitation Assistant is expected to document in writing and/or using computer relevant observations of resident participation, progress, behaviors, and assisting in entering relevant RAI-MDS data.

### **KEY DUTIES AND RESPONSIBILITIES:**

- Carries out designated components of a rehabilitative treatment plan and/or program, such as activities of daily living, mobility, strengthening and balance exercises, recreation, and/or communication therapy.
- Observes and reports cognitive and functional changes in resident ability or behavior that may warrant a progression or regression of the treatment; progresses treatment plan within the parameters established by the therapist; documents for the health record.
- As part of a multidisciplinary team and in consultation with the therapist, provides input into the planning, implementation, modification, and evaluation of the rehabilitative treatment plan/program.
- In collaboration with Nursing team, carries out and facilitates restorative care program. Documents, collects, and reports information to assist the program leader to determine residents' progress and care needs.
- Provides functional skills training to residents and families in activities of daily living, mobility, and communication; demonstrates the use of assistive devices. Assists with power and manual wheelchair mobility training.
- Assists in the fabrication and modifications of splints, seating and exercise devices, mobility and assistance devices. Sets up and adapts equipment such as changing wheelchair backs and adjusting wheelchair height.
- Maintains therapy equipment and supplies by methods such as cleaning equipment and maintaining inventories.
- Provides input regarding purchase of new equipment and supplies, general maintenance and repair of equipment.
- Performs other related duties as assigned.

### **Required Education, Skills and Qualifications**

#### **Education, Training and Experience**

- Completion of a recognized 2 year Rehabilitation Assistant Program.
- One year's recent, related experience or an equivalent combination of education, training and experience.
- Current First Aid and CPR certificate and asset.

#### **Knowledge, Skills, Abilities and Attributes**

- Ability to communicate effectively both verbally and in writing.
- Ability to deal with others in an effective and collaborative manner.
- Ability to co-operate with members of a multi-disciplinary team.
- Physical ability to carry out the duties of the position.
- Ability to operate related equipment.
- Ability to speak and write Chinese an asset.

Interested candidates should send resumes to [info@villacathay.ca](mailto:info@villacathay.ca).