

VILLA CATHAY CARE HOME

Community News

Spring 2020



The Coronavirus Pandemic and Villa Cathay's Response

As we continue to provide essential care to our seniors during the ever-changing pandemic of COVID-19, nothing is more important than the health and safety of our seniors and health care team at Villa Cathay Care Home. We continue to work closely with Vancouver Coastal Health to implement extensive preventative measures to protect and care for the well-being of our seniors.

Our Commitment to Safeguarding Residents

- We monitor residents' temperature and symptoms three times a day. COVID-19 tests will be ordered promptly for any residents who have developed new symptoms. Further infection control measures will be implemented immediately, such as keeping the residents in their rooms and requiring staff to wear full PPEs when providing care for the residents who are being tested.
- Direct care staff need to change into a different set of clean clothes upon arrival at Villa Cathay.
- Any staff who are providing direct care or services to the residents have to wear face masks, face shields or goggles and gloves.

(continued to page 2...)



Daily temperature checks that our staff take for residents.



Staff assisting with video calls between residents and family members.

Staying Connected

Physical distancing is important during the global pandemic; however, family members can continue to stay in touch with their loved ones at Villa Cathay!

Family members can also send us recorded greetings, join in video or phone calls with Villa Cathay residents to stay connected during the visitation restrictions.



Your expressions of love will greatly support residents at Villa Cathay!

Thank You For Your Support

(continued from page 1)

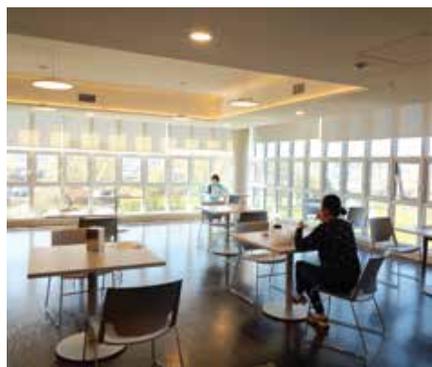
Ensuring Staff are healthy during COVID-19

All staff members are screened for symptoms and have their temperatures checked upon arrival at Villa Cathay. Staff with symptoms will be sent for COVID-19 testing and cannot resume work until their test result is confirmed negative.



A trained staff member performs a temperature check for incoming staff prior to the start of her shift.

All staff members practice physical distancing and strict hand hygiene. PPE items like face masks, goggles, face shields and gloves are worn by staff when providing care for residents.



Staff dining lounge enforces one individual per table to keep a physical distance of 2 meters.

We are deeply grateful for the donors and organizations who donated to the **Villa Cathay COVID-19 Response Fund** and/or **donated PPE items to Villa Cathay**. Your support helps Villa Cathay to replenish our PPE items to safeguard the health of our residents and front-line health care workers!

BigKBrand (1971) Ltd.	Brian Lo
Canada China City Friendship Association	Dr. Vivian Lo
Canada Dongguan Entrepreneurs Federation	Dr. Robert Loh
Chris & Stella Chan	Yinan Lu
The Chan Family	Levana Luu
Andrew Chen	Gerrard MacKinnon
Shirley Chen	Jessica Man-Li
Winnie Cheng	Yan Mok
Kinny Cheung	Sidney Ng
Selina Chew	Qing He Arts & Culture Society
Vivien Chou	William Qi Yuan Zhang
Agnes Chow	Red Mapleleaf Furnitures Ltd.
Ivan Chow	Rotary Club Vancouver Centennial
Po Shan Chow	Shadow Dream
The Chow Family	Volunteer Team
Clarence Chu	Shandong Native Association of BC
Larry Chu	Shaolin Temple Cultural Centre
Consulate-General of the People's Republic of China in Vancouver	Sandy Shi
Hua Fan	Ilen Toy
D2D Destiny Foundation	Daphne Tsao
G4 Industrial Supplies Ltd.	Tzu Chi Foundation Canada
Jack Gin	Tung Cheng Yuen Buddhist Association
Christine Ho	Vancouver Legacy Lions Club
Livia Hsi	Vancouver Midas Lions Club
Elisa Ip	Wednesday Singing Group
Laura Jing	Lin Lin Wang
Jonathan KS Choi	Nancy Wong
Cultural Center & Sun Wah Centre	Grace Wong
Frankie Kong	Sing Yeo
Yoyo Koo	Philip & Debbie Yeung
Christina Lam	Delphine Zhou
Ge Li	Joanne
Jenny Jiang Li	
Francisca Ling	



List as of April 24, 2020.

PHASE 1: COMPLETE

Upon completion of Phase 1 of the Villa Cathay Rejuvenation Project, 128 residents moved into the 10-storey tower at the end of November 2019.



New Home Features

Private Rooms

What makes the new 10-storey building of Villa Cathay unique is that all resident suites are private, brightly lit, and equipped with modern care equipment. Residents can personalize their living space and develop a sense of belonging at Villa Cathay.

During COVID-19, these single resident suites can help to reduce the possible risk of infections that shared rooms may pose. All of the resident rooms can easily be turned into isolation rooms when needed.



En-Suite Washroom

Each resident room has an en-suite washroom and shower. Residents can now shower comfortably in their own familiar environment.



Exercise & Rehab Centre

Located on the 8th floor of Villa Cathay, residents exercise while overlooking the beautiful views of Vancouver in the Exercise & Rehab Centre. Covered with shock-absorbing floors and a hardwood finish, the space is equipped with physical therapy parallel bars, a ceiling lift track, and Active Passive Trainers.



This is the perfect space to guide group exercise programs and one-to-one sessions. Our Physiotherapy Program aims to help our seniors build the physical strength and confidence needed for their day-to-day living.

Active Passive Trainer

The Active Passive Trainer is a great machine that enables residents to perform a wide range of exercises; from workload dependent cycling, isokinetic movements, to resistance-based training.



Working alongside our Rehabilitation Assistant, APT can help to strengthen seniors' upper or lower limbs.

Ways to Help Our Seniors

As there are now more than 20 long-term care homes in British Columbia confirmed with COVID-19 cases in just a few short months, the **Villa Cathay Care Home COVID-19 Response Fund** was created in response to this unprecedented situation. This fund will contribute to Villa Cathay's COVID-19 response efforts, such as:

- **The purchase of personal protective equipment:** eye protection, face masks, gloves, isolation gowns and aprons, etc.
- **The purchase of items to enhance infection prevention for residents:** hygienic screens for residents' dining tables, individualized recreational equipment (like tablets, sound amplifiers, headsets) or extra shower chairs and bed-side tables.
- **Support for care teams:** individualized staff lockers on each floor to reduce cross-floor travel, disposable meal boxes, alternate accommodation for those needing to leave their homes to minimize community transmission.
- **Supplies and support** for enhanced cleaning, waste management, housekeeping and laundry.



Hygienic screens installed for resident's dining tables.

Support the Villa Cathay Rejuvenation Project!

As of date, we reached \$2.6M out of the \$5M we need to complete our Rejuvenation Project. Due to COVID-19, our fundraising dinner set for May 29 will be postponed. You can continue to donate to the Villa Cathay Rejuvenation Project by visiting our website <http://villacathay.ca/make-a-donation/>.

Follow Us on Social Media



villacathaycarehome



villacathay



villacathaych

Phase 2: Coming

Phase 2 of Villa Cathay Rejuvenation Project will build a 3-storey West Pavilion that adjoins the 10-storey East Tower to provide an additional 97 long-term care beds and:

- 8 connecting rooms for couples
- A secure rooftop Garden that connects to the Special Dementia Care Unit
- A Gift Shop for residents to maintain a normal lifestyle
- An Auditorium for 70 persons
- Space for Seniors' Wellness Centre
- Wheelchair accessible outdoor courtyard



Progress

The construction of Phase 2 began with the iconic gate of Villa Cathay being removed in early January 2020.



January 2020

Bit by bit the old building started to be demolished. By early April 2020, the structure of the old Villa Cathay building was completely removed!



March 2020

We hope that ground breaking for Phase 2 will start later this year in spring, while the estimated completion date of the entire project is the end of 2021.



April 2020