

Resident 長者

What do I see and hear from the resident?

長者看起來如何?說了甚麼?

Is he/she ready?

長者準備好了嗎?

Can he/she follow directions?

長者是否能了解並跟隨指令?

Does the resident have the physical ability to collaborate with me?

長者是否有能力跟我配合?

Environment 環境

Is it safe? 環境是否安全

Are the equipment properly positioned/locked?

儀器的擺設是否正確、穩定?

Do I have space?

我有沒有足夠的空間?

Do I have what I need?

我是否已備齊所有需要的工具
(包括個人防護裝備)

Assess the Risk 評估風險

Self (Worker) 自身

Can I do the task safely?

我可以安全地完成工作嗎?

Am I focused?

我專心嗎?

Am I rushing?

我急嗎?

Am I settled myself?

我是否能先讓自己安定下來?

Assignment 工作

Have I checked the plan/guide?

我查看過照顧計畫或指引沒?

Any changes to the plan/guide?

照顧計畫或指引是否有變?

Do I understand what I need to do and how to do it properly?

我是否完全了解我要做甚麼、怎麼做?