

Villa Cathay Care Home Society
華宮安老院協會



ANNUAL
REPORT
2023-2024
年度報告



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Villa Cathay Care Home Society is located on the ancestral and traditional territories of the Coast Salish Nations. We express our honor and gratitude to the Coast Salish peoples and are grateful to work and live on the unceded lands of the Musqueam, Squamish, and Tsleil-Waututh Nations.

華宮安老院協會的院舍位於傳統上屬於 Coast Salish 民族的土地。我們謹此向 Musqueam、Squamish 及 Tsleil-Waututh 等原住民部族表示尊敬及謝意，並答謝原住民讓我們工作和居住在他們祖先的土地上。

Villa Cathay Care Home Society 華宮安老院協會

Villa Cathay Care Home Society is a non-profit long-term care facility located in Strathcona, Vancouver, providing 24/7 care for older adults.

Since its establishment in 1973, Villa Cathay Care Home has grown to be one of the largest long-term care homes in the Lower Mainland, offering 224 beds. We currently care for 173 residents with complex health conditions and specialize in culturally focused care. Our goal is not only to provide essential care but also to help residents thrive by addressing the diverse needs of vulnerable older adults.

Vision

To become a model of excellence in the care home industry.

Mission

To provide compassionate, professional care for seniors to maintain their dignity.

Our Values

- **Love:** We foster a caring atmosphere and provide a safe haven to support seniors who enter a new chapter in their lives through compassion and kindness.
- **Respect:** We value each resident and honor his or her wisdom and experience. We promote honest and open dialogue with residents and families with courtesy and professionalism.
- **Dignity:** We value quality of life and support our residents in maintaining their abilities and cultivating their potentials.
- **Wellness:** We promote holistic wellness through providing the highest caliber of care in meeting daily needs and wellness of our seniors.
- **Innovation:** We strive to provide innovative services to meet new and emerging professional standards in health care.

華宮安老院協會位於溫哥華士達孔拿區，是一個非牟利的長期護理安老機構，專為長者提供全天候的醫療及日常生活照顧。

自1973年成立以來，華宮安老院已發展成為低陸平原其中一所最大型的長期護理院，擁有 224 張床位。目前，我們為173 位有複雜護理需求的長者提供全方位的照顧，除了提供專業的護理，更注重提供符合華人文化的照顧，致力幫助長者在院舍中仍能享有充實而豐盛的生活。

我們的願景:

在護理院行業樹立卓越典範。

我們的使命:

提供愛心和專業的照顧，讓長者得以維護尊嚴。

我們的價值觀:

- **愛心:** 我們營造關愛的氛圍，為長者在進入人生的新篇章時，提供充滿關心與善意的避風港。
- **尊重:** 我們重視每位長者及他們的智慧和經驗，並以有禮與專業的態度來促進團隊與長者和家人之間誠實及開放的對話。
- **尊嚴:** 我們重視生命的質素，並全力支持長者盡可能維持其能力並開發潛能。
- **健康:** 我們提供高水平的護理來滿足長者的日常需求和整體健康。
- **創新:** 我們致力於提供創新的服務內容，以滿足新興的專業照顧標準。



Report from the Board Chair 主席報告



If “change is the only constant¹,” then Villa Cathay Care Home Society (VCCHS) has navigated through a year of significant transformation, all while upholding our unwavering commitment to providing exceptional care to our residents. This period has been marked by both challenges and triumphs, showcasing our resilience and dedication.

During fiscal year 2023-2024, the Society filled all its available long-term care beds, secured long-term financing for the Development, and with generous support from the Community, expanded the Care Enhancement Programs for its residents. We were able to increase the total number of residents in our care from 127 to 173 and leased the remaining 51 beds to a third-party long-term care operator. This enabled us to secure long-term financing for the redevelopment costs, and the finance rates are now set for the next decade. The generous support from our community has been facilitating the continuation and growth of our care and wellness programs.

Our next significant endeavor will be to achieve Accreditation. This process is crucial as it standardizes healthcare practices, enhancing patient outcomes and reducing risks. Accreditation will enable us to pinpoint areas for improvement, ensuring our services remain exemplary. It fosters a culture of quality and safety, essential for our residents’ well-being.

None of our achievements would have been possible without our dedicated team. Their commitment, from frontline staff to administrative personnel, has been the cornerstone of our success. Their tireless efforts ensure the safety and well-being of our residents, and for this, we are profoundly grateful.

We are also fortunate to have the support of several major donors who share our vision of person-centered care. Our partnerships with local post-secondary institutions in providing complimentary care services for our residents, and the active engagement of our Family Council and Resident Council, are pivotal in our continuous improvement. As we move forward, VCCHS is committed to deepening our community engagement, building partnerships, and securing support for our person-centered care model. Our goal remains to be the premier long-term care provider in our community.

Lastly, I extend my deepest gratitude to everyone who has been a part of our journey this year. Your support and dedication have been invaluable.

Respectfully,

Kuo Wong
Board Chair, Villa Cathay Care Home Society

如果“變化是唯一不變的”¹，那麼華宮安老院協會便剛經歷了重大轉變的一年，同時堅持了我們的承諾，為華宮長者提供卓越的護理服務。過去一年充滿了挑戰和成就，展現了我們的毅力和奉獻精神。

在 2023-2024 財政年度，在本院所有的長期護理床位滿額後，才可獲得穩定的資源以發展更多項目。照顧的長者總數從 127 人增加到 173 人，並將剩餘的 51 張床位出租給第三方長期護理院，這使我們能獲得固定的資源應付重建成本，同時確定了未來十年的融資利息開支。另一方面，本院在社區各界的慷慨支持下，強化並擴大了華宮長者的提升護理服務計劃，及促進該計劃的持續發展。

我們的下一個重大目標將是獲得認證。認證標準化了長期護理服務的實踐方式，提高了照顧效能並降低了相關風險。認證能幫助找出需要改進的領域，確保我們的服務維持最高水平。它促進了提供優質服務的文化，這對我們華宮長者的福祉至關重要。

如果沒有我們敬業的團隊，我們就不可能有任何成就。從前線員工到行政人員，他們的全情投入是我們成功的基石。他們的努力確保了我們華宮長者的福祉，對此我們深表感謝。

我們也很幸運地得到了不同善長的捐助，他們支持我們的共同的願景，為長者提供更個人化的護理服務。我們與不同的專上學院合作，讓長者可在華宮接受額外的免費服務，而家人委員會則積極參與本院的各項活動，這些都對於我們的持續發展至關重要。

未來，華宮安老院致力於深化我們的社區參與、建立良好的夥伴關係並確保提供優質的以人為本護理服務。我們的目標仍然是成為社區中優秀的長期護理院。

最後，我向今年以不同形式支持我們，與我們並肩同行的所有人致以最深切的謝意。您的鼓勵和付出是無價的。

黃國志敬上
華宮安老院協會理事會主席

Message from the Executive Director 院長的話



A Year of Progress and Promise: Reflecting on Fiscal Year 2023-2024

As we look back on the fiscal year 2023-2024, I am proud to report that Villa Cathay Care Home has made significant strides towards our goal of long-term excellence in senior care. Our achievements this year reflect our unwavering commitment to providing compassionate, professional care that maintains the dignity of our residents.

Maximizing Our Capacity to Serve

This year marked a milestone in our operations as we achieved full utilization of our 224-bed facility. Through a combination of direct management and a strategic lease agreement with Vancouver Coastal Health, we have ensured that every available space in our state-of-the-art building is dedicated to serving seniors in need of long-term care. This achievement means that more seniors in our region now have access to:

- Well-designed single resident suites
- A private shower facility
- A comfortable, home-like environment

By maximizing our capacity, we’re not just filling beds; we’re creating homes and improving lives.

Strengthening Governance and Collaboration

The past year has seen a remarkable increase in collaboration between our board and staff. This enhanced partnership has led to the development towards a robust governance framework that better aligns with our mission and vision.

Our strengthened collaboration at the top leadership level positions us well to carry out the purpose of the Society and to realize the long-term vision of becoming a model of excellence in the care home industry.

Deepening Community Engagement

Our relationship with the Resident Council and Family Council has flourished this year. The enthusiastic involvement of executive members from both councils has:

- Deepened our understanding of residents’ needs and to prioritize accordingly
- Fostered a sense of community within our care home

進步與希望的一年： 回顧 2023-2024 財政年度

回顧 2023-2024 財政年度，華宮安老院在實現我們為長者提供卓越長期護理服務的目標方面，取得了重大進展。我們今年的成就反映了我們堅定不移地致力於提供專業護理和全方位照顧服務，提倡長者們尊嚴。

盡力提高我們的服務效能

今年是我們的一個里程碑，我們充分利用了 224 個床位的設施。透過直接管理和與溫哥華沿岸衛生局 (VCH) 簽訂租賃協議，讓我們先進的院舍設備及空間都被充分利用，為需要長期護理的長者提供服務。這項成就意味著我們區內更多的長者現在可以獲得：

- 設備完善的單人套房
- 私人淋浴設施
- 舒適、居家般的生活環境

透過提高我們的服務效能，我們不僅僅是在填滿床位，而是在為長者建立家園並改善生活。

加強管理和合作

在過去的一年裡，我們的理事會與管理層之間的合作顯著增加。這種良好的夥伴關係促進了一個更有效的治理框架，促使我們向華宮的使命和願景邁進。

深化社區參與

今年我們與長者和家人委員會的關係繼續蓬勃發展。兩個委員會的執行成員的積極參與，令我們：

- 加深了我們對華宮長者需要的了解
- 強化了華宮安老院作為社區一份子的角色

這種積極的合作關係，有助於把華宮安老院轉變為我們所服務的華宮長者和其家庭的真正家園。

This active partnership has been instrumental in transforming our facility into a true home for the residents and families we serve.

Embracing Change and Pursuing Excellence

Fiscal year 2023-2024 brought significant care leadership changes to Villa Cathay Care Home. After thorough searches and evaluation processes, we have assembled a complete team that is:

- Committed to upholding our decades-long legacy of putting residents first
- Dedicated to implementing evidence-informed practices in all operational processes

With this team, our Home is pursuing accreditation with Accreditation Canada to ensure continuous quality improvement. This pursuit of accreditation underscores our commitment to maintaining the highest standards of care and accountability to our residents, their families, and the broader community.

Enhancing Resident Care Through Generous Support

We continue to be humbled by the generous support of our donors, whose contributions have allowed us to expand and enhance our resident care programs. The donor sponsored programs include:

- Resident experience enhancement, focusing on person-centered care
- Wellness program that offers registered massage therapy and acupuncture services through the collaboration with public post-secondary institutions
- Programs that enrich life experiences in long-term care, enhance psychosocial support, and that significantly shorten the wait time for speech and language therapy

These initiatives, combined with our multi-disciplinary approach and on-site alternative health care options, have significantly contributed to the holistic wellbeing of our residents. We firmly believe that long-term care should be a place where meaningful living continues and expands, and our donors have been instrumental in helping us realize this vision.

擁抱改變、追求卓越

在2023-2024財政年度，華宮安老院的護理領導階層發生了重大變化。經過詳盡的人才搜尋，我們組成了一個完整的團隊致力於：

- 維護我們數十年來將華宮長者放在第一位的傳統，並且
- 在所有提供服務的流程中採取具實證支持的模式

這個團隊將盡全力為華宮安老院取得加拿大認證機構的認證，確保服務質素持續進步。追求認證體現了我們決心兌現對華宮長者、他們的家人和社區的承諾，使我們能提供最完善的專業護理服務。

透過善長的愛心捐助以加強對華宮長者的照顧

我們感恩能得到善長的慷慨支持，善款使我們能夠為華宮長者提供更多元化的服務。由善款支持的服務計劃包括：

- 提升以人為本的護理
- 完善長者保健計劃，透過與專上學院合作提供註冊按摩和針灸服務
- 豐富華宮長者的生活經驗、增強心理支援並大幅縮短語言治療的輪候時間

這些措施配合我們為每一位長者制定全面和個人化的護理計劃，能確保每一位長者的生理和心理都得到充分的照顧。我們堅信，安老院應該是讓長者繼續感到生命是有意義的地方，善長幫助了我們實現這願景。



Looking Ahead

As we move forward, Villa Cathay Care Home remains committed to reimagining long-term care. Despite the challenging economic climate, we are optimistic about the future and grateful for the trust and support of our community.

In the coming year, we will:

- Acquire the accreditation status to demonstrate an established process in continuous quality improvement practice
- Continue to innovate and improve by exploring new ways to enhance quality of life for our residents
- Strengthen our partnerships with residents, families, and the community

Thank you to the trust of our residents and families, the dedication of our teams and volunteers, the leadership and support of our board, and the confidence and encouragement of our generous donors. Together, we are not just providing care; we are creating a model for long-term care to be a continuity of meaningful living with 24-hour professional care, and for Villa Cathay Care Home to be the top of our seniors' choice.

Szuchi Lee

Executive Director, Villa Cathay Care Home

展望未來

在未來的發展中，華宮安老院仍會致力於提供優質專業個人護理服務。儘管經濟形勢充滿挑戰，我們對未來仍抱持樂觀態度，並感謝社會各界的信任與支持。

來年，我們將：

- 取得認證資格以展示服務質素的持續改良
- 透過尋找新的方法和改進以提高華宮長者的生活品質
- 加強我們與華宮長者、他們的家庭和社區的夥伴關係

感謝華宮長者和家人的信任、華宮專業隊伍的奉獻、管理層的領導和支持以及善長們的慷慨支持和鼓勵。我們不僅是提供護理照顧，而是提供最高質素的個人護理服務。我們正在創建一個長期護理服務模式，透過24小時專業照顧，使長者的身心健康，並使華宮安老院成為長者和其家人的首選。

李思錡敬上

華宮安老院院長



Villa Cathay Care Home Society Board of Directors 2023-2024 華宮安老院協會理事會

Chair 主席
Kuo Wong

Secretary 秘書
Dr. Vivian Lo

Treasurer 財政
Raymond Kwok

Directors 理事

Alice Choi

Eva Ho

Baldwin Wong










Florence Wong

Steve Wong

Gordon Yu

Our Impact (April 1, 2023 to March 31, 2024)
我們的服務成果 (2023年4月1日至2024年3月31日)

 **Seniors served**
服務長者人數
216

 Flu shots administered to residents 長者接種預防感冒疫苗數目 158	 COVID-19 booster shots administered to residents 長者接種新冠加強劑數目 151
 Hours of recreation programs offered 康樂活動小時 7824	 Hours of rehabilitation sessions offered 復康服務小時 2341
 Podiatry sessions 足病治療次數 412	 Residents served by mobile optometrist 流動驗光師服務長者人數 65
 Residents received on-site dental service 院內牙科服務長者人數 274	
 Number of staff 總員工人數 356	 Number of new staff 新聘員工人數 83

The following are made possible through philanthropic support:
透過善款實現的項目：

 Hours of music therapy 音樂治療小時 576	 Hours of art therapy 藝術治療小時 688	 Bus trips 乘巴士外遊次數 42
 Acupuncture sessions 針灸治療次數 230	 Sessions of massage 按摩服務次數 741	 Residents served by Speech-Language Pathologist 語言病理學家服務長者人數 26

Programs Highlights
活動回顧

Cooking Programs

Food embodies culture, family heritage, and traditions, symbolizing basic worth, self-image, and personal identity for many individuals. Additionally, it intertwines with feelings of love, pleasure, enjoyment, holidays, celebrations, and family. Cooking activities serve as powerful tools for reminiscence, fostering a sense of belonging, identity, and heritage among our residents, especially those with dementia.

Throughout the year, we organized cooking activities that honored various cultural traditions and celebrations. From crafting sticky rice dumplings during the Dragon Boat Festival to creating mooncakes for the Mid-Autumn Festival, our residents engaged in meaningful cooking experiences. Other activities included making dumplings, sweet soups, and rice cakes. These activities play a crucial role in enhancing the overall well-being and quality of life for our residents.

烹飪活動

食物及烹飪體現了文化、家族傳承和傳統，對許多長者來說，食物連繫著他們的基本價值觀、自我形象和個人身份。此外，食物亦同時與愛、愉悅、享受、節日、慶祝和家庭的情感交織在一起。烹飪是其中一種為長者供懷舊治療的方式，特別對於患有腦退化症的長者，有助他們找回重要的人生記憶，培養歸屬感和重拾身份認同。

在2023年度，我們安排多項烹飪活動，以慶祝各種文化傳統節日和活動。例如在端午節製作粽子及在中秋節製作月餅，其他活動還包括製作餃子、甜湯和年糕等。這些活動在增強華宮長者的整體幸福感和改善生活質素方面發揮了關鍵作用。



Pour Paint Group Sessions

In 2023, we organized 5 pour paint group sessions, with a total of 42 residents participating. Pour painting offers seniors a unique avenue for self-expression, particularly beneficial for those experiencing changes in verbal communication or seeking alternative means of conveying their thoughts and emotions. Engaging in creative activities within a group setting can significantly alleviate feelings of stress and anxiety among seniors, fostering a sense of calm and relaxation. Following the sessions, the artworks created by our residents were displayed in the auditorium, showcasing their creativity and talent to the entire community.

流體畫小組

在2023年，我們共舉行了5次流體畫小組，共有42名長者參加。流體畫為長者提供了一個獨特的自我表達途徑，對於那些難以用言語表達的長者或其他希望以其他方式表達自己的思想和情感長者尤其有益。此外，參與小組創意活動可以顯著減輕長者的壓力和焦慮感，培養平靜和放鬆的心情。在小組結束後，我們將長者創作的藝術作品在禮堂展出，展示他們的創造力和才華！

Trips to Chinese Canadian Museum and Chinatown Storytelling Centre 到華裔博物館及華埠掌故館參觀

“我都唔知道呢度多左間博物館!” (I didn't realize there's now an additional museum!)

“我以前成日黎唐人街架，我係呢度附近返工，成日經過呢度!” (I used to visit Chinatown frequently. Since I worked nearby, I passed by here often!)



Wrapping Rice Dumplings for Dragon Boat Festival 端午節包糰活動

“包糰要放D綠豆同鹹蛋黃先好食㗎。” (To make the dumplings tasty, you need to add some mung beans and salted egg yolk.)

“好耐冇包過糰，同阿女一齊包糰好開心!” (I haven't made dumplings in a long time, and it was great to make them with my daughter!)

About Our Chinese Meals 華宮的中餐服務

“我以前住嗰度成日要食沙律，依家好幸運，餐餐有飯食。” (Where I lived before, I had to eat salad all the time. Now, I'm fortunate to have rice at every meal.)



Music Therapy Sessions 音樂治療活動

“一齊唱歌，玩樂器，好開心!” (Singing and playing musical instruments together was so much fun!)

“我想練多D琴，第時彈比阿女聽!” (I want to practice more on the piano so I can play for my daughter later!)

Making Fizzy and Colourful Bath Bombs 長者自製獨特的泡泡浴球

“我未整過呢個!” (This is the first time I made this!)

“整完掉入水入面，一齊許願!” (I like to throw this in the water and make a wish!)



Vancouver Metropolitan Orchestra Concert at Q.E. Theatre 前往女皇大劇院觀看溫哥華大都會交響樂團的表演

“我好鍾意聽去音樂會㗎，好耐冇去過!” (I love attending concerts! It has been a long time since I went to one!)

“我哋唔怕夜，可以聽到完場先走!” (We can return home late and stay until the very end!)

On Acupuncture Treatments 對針灸治療的回應

“做咗針灸就有咁痛啦，如果唔做，痛到瞓唔到覺，好辛苦!” (Acupuncture treatment has relieved my pain! If I don't receive treatment, the pain will be so bad that I cannot sleep.)

“有做針灸隻腳就有咁腫，鬆少少! 幾時再有得做?” (With acupuncture treatments, the edema on my legs felt less! When will be the next treatment?)



Art Therapy Sessions 藝術治療環節

“好難得咁有緣份，同大家一齊做手工，做完後我覺得開心咗呀!” (It's a blessing to have the opportunity to do crafts with everyone. I feel so much better now!)

“上次新抱話我做D書籤好靚，我想做多一個再送比佢。” (My daughter-in-law liked the bookmark I made, so I want to make another one for her.)

Lunar New Year Celebration 農曆新年慶祝活動

“多謝有人幫我化妝，可以影靚相，見到自己好靚，好開心!” (I feel so special to have someone do my makeup. I can have beautiful photos taken and see myself looking so pretty. Really happy!)



Making Dumplings with volunteers from Peterson 與 Peterson 義工們的包餃子活動

“我教西人包餃子!” (I showed a Caucasian how to wrap dumplings!)

“我包得好快，可以包好多㗎!” (I work fast and can wrap A LOT of dumplings!)

Paying Respect to the Buddha at Tung Lin Kok Yuen 到東蓮覺苑禮佛

“可以親自上香，我覺得好心安。” (I find peace when I can offer the incense myself.)

“我好耐冇去佛寺喇，我以前鍾意幾時去就去。” (I haven't been to a temple in a long time. I used to go whenever I wanted.)



Collecting Garden Harvest 在花園收穫農作物時

“我種D瓜好靚，送比你食呀!” (I've grown some beautiful melons; I'll give them to you to enjoy!)

“睇住D豆一日一日大，好開心!” (Watching the beans grow bigger each day makes me very happy!)

On Massage Treatments 接受按摩服務後的感想

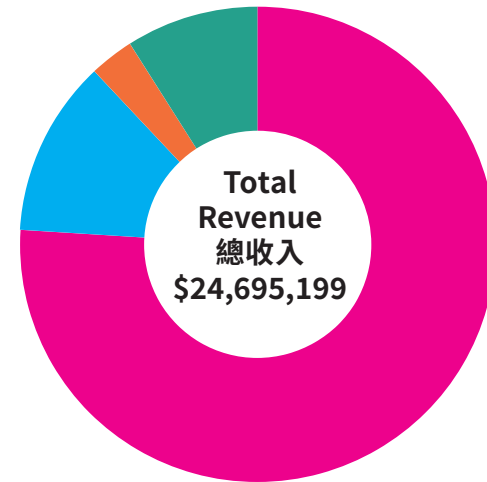
“成身舒服囉!” (I feel like a new person!)

“按摩後膊頭好像沒有那麼緊啦!” (I feel my shoulder is less tight after massage!)

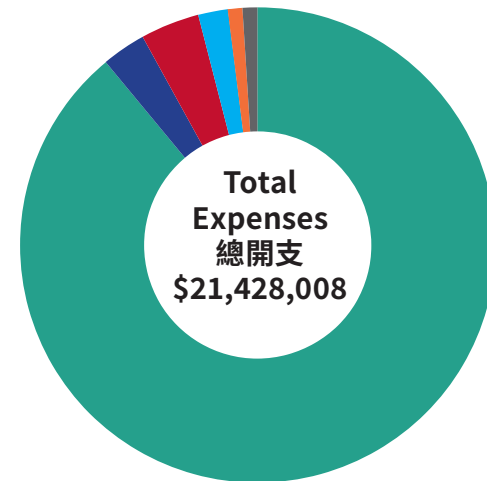
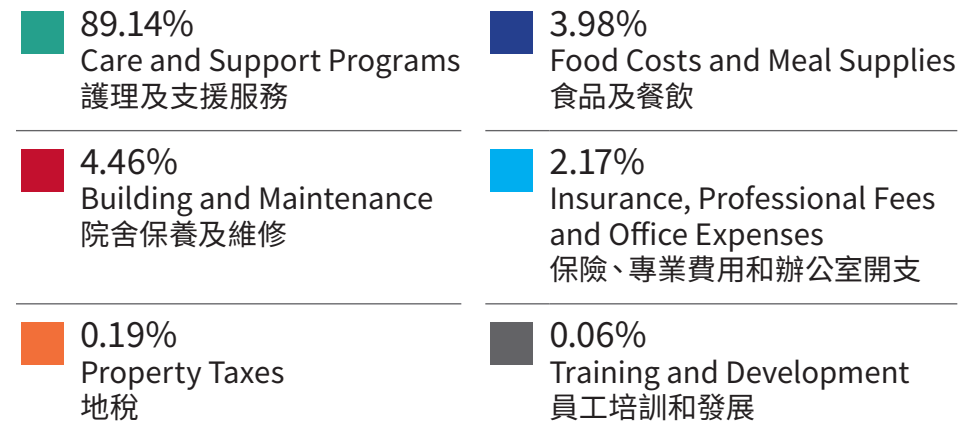
Financial Statement Summary (April 1, 2023 to March 31, 2024)

財政報告 (2023年4月1日至2024年3月31日)

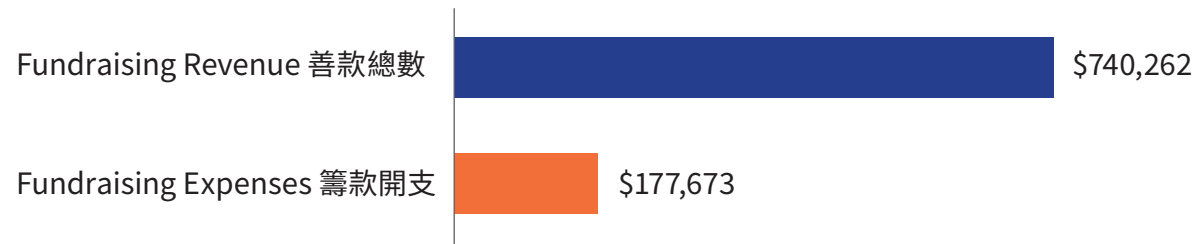
Revenue 收入



Expenses 開支



Fundraising 籌款



Care Services & Quality Indicators

照顧服務與質量指標

We continuously monitor and evaluate various aspects of our care services. Below is the most recent data (2022/23) obtained from the Canadian Institute for Health Information. Although current data is not available, this information still offers valuable insights into the effectiveness of our care services and the overall well-being of our community.

我們持續監控和評估我們護理服務水準。以下是從加拿大健康資訊研究所取得的最新數據 (2022/23)。儘管沒有當前的數據，但這些資料仍然為我們護理服務的水準及長者的整體福祉提供了重要的參考。

Resident Profile 長者概況

	Villa Cathay 華宮	B.C. 全卑詩省
Average age of population 平均年齡	88	83
Average length of stay (days) 平均住在院舍 (日數)	1,007	817
Percentage of residents diagnosed with depression 被診斷患上憂鬱症的長者百分比	14.2%	22.9%
Percentage of residents dependent in activities of daily living 日常生活依賴照顧的長者百分比	42.1%	32.4%
Percentage of residents in a wheelchair 使用輪椅的長者百分比	61.0%	53.3%
Percentage of residents with dementia (mild to severe) 患有腦退化 (輕度至重度) 的長者百分比	52.9%	62.9%
Average index of social engagement 平均社交參與指數	3.9	2.7

Care Services & Quality Indicators (% of residents) 照顧服務與質量指標 (長者的百分比)

	Villa Cathay 華宮	B.C. 全卑詩省
Receiving physical therapy 接受物理治療	29.6%	11.1%
Receiving recreation therapy 接受康樂治療	71.2%	30.3%
Receiving occupational therapy 接受職業治療	7.6%	5.5%
Receiving depression medication 服用抗抑鬱藥物	36.1%	51.3%
Taking antipsychotic drugs with/without a diagnosis of psychosis 未有或已診斷精神異常，接受抗精神科藥物	27.1%	34.9%
Taking nine or more medications 服用九種或以上藥物	57.3%	44.6%
With falls in the last 30 days 過去30天內跌倒	9.9%	12.8%
With daily physical restraints 每天使用約束措施	20.7%	6.0%
With a worsened pressure ulcer 褥瘡有惡化	1.9%	2.2%

Highlights of the Year 年度亮點

Hosting Tung Lin Kok Yuen, Canada Society Board of Directors Visit

We were honoured to host Mr. Robert H.N. Ho, Dr. Benjamin Yeung, and the directors of Tung Lin Kok Yuen, Canada Society for a tour, marking their first visit since the COVID-19 pandemic began. It brought us great joy to welcome them to our new care home and introduce them to our residents.

We are also delighted to announce that our West Pavilion will be named the “Lin Kok Pavilion” in grateful recognition of Tung Lin Kok Yuen, Canada Society’s generous \$1 million donation towards our transformative programs. This gift will support the Resident Experience Enhancement Program, increase access to social workers, and provide personalized recreation therapy. These initiatives will significantly elevate the care experience for our residents, enhancing their quality of life and overall well-being.



Volunteers from Tung Lin Kok Yuen, Canada Society led our residents to create some beautiful lotus lanterns to decorate residents’ rooms and brighten their days.



接待加拿大東蓮覺苑理事來訪

我們很榮幸接待了何鴻毅先生、楊世彬醫生和其他加拿大東蓮覺苑的理事來華宮，這是自 COVID-19 大流行以來，他們能首次參觀華宮的新院舍，讓大家能親身體驗長者的生活。

我們也很高興地宣布，華宮的西苑將被命名為「蓮覺苑」，以感謝加拿大東蓮覺苑的一百萬元捐款。加拿大東蓮覺苑的善款將全力支持優化長者體驗計畫，並可為長者提供更多的社工服務及康樂活動，大大提升華宮長者的身心健康和整體福祉。



加拿大東蓮覺苑的義工們與我們的長者一起製作了美麗的荷花燈籠，除了裝飾了長者的房間，更為長者的日子增添光彩。

Recognizing Dr. Edward Yeung, our Founding Board Member

Dr. Edward Yeung has been an instrumental icon in shaping Villa Cathay Care Home, alongside other founding members.

A dedicated dentist, Dr. Yeung recognized the unique needs of Chinese seniors and joined the inaugural board of Villa Cathay Care Home in 1973 to help establish the first Villa Cathay, addressing the challenges faced by seniors struggling with cultural and language barriers.

As founding members of the Villa Cathay Care Home Society, Dr. Yeung and Mrs. Yeung made the first major leadership gift to support the fundraising campaign for the rejuvenation project, which aimed to build a new 224-bed facility on the same site.

We are profoundly grateful for Dr. Yeung’s unwavering support and dedication, and we are honoured to name our Boardroom in his recognition.



表彰我們的創會理事 Dr. Edward Yeung

楊醫生在華宮安老院的發展過程中扮演了關鍵的角色。

楊醫生是一位熱心的牙醫，當他知道華裔長者在安老服務面臨的障礙，便在1973年加入華宮安老院的第一屆理事會，興建第一間華宮安老院，以解決長者文化和語言的挑戰。

作為華宮安老院的創會會員，當楊醫生和楊太太得悉華宮要在原址重建一間有224張床位的新設施，更一起率先向重建籌款計劃作出第一份重要捐款，以示支持。

我們衷心感謝楊醫生的支持和奉獻，並很榮幸能以他的名字命名我們的理事會會議室。



In November 2021, Dr. Yeung toured the newly completed East Tower before residents moved in. During this visit, we took the opportunity to photograph Dr. Yeung with the old Villa Cathay, capturing a memorable moment before it was demolished to make way for the construction of the West Pavilion.

在2021年11月，我們邀請了楊醫生參觀新竣工的東大樓，當時長者尚未入住。在這次參觀中，我們把握機會拍攝了楊醫生與舊華宮的合影，留作在舊華宮被拆除以興建西苑之前的紀念。

Chinese Opera Charity Night

We would like to express our heartfelt appreciation to leong's Chinese Opera Institution and the Chinese Opera Art Group for their exceptional performance at the Chinese Opera Charity Night held at the Michael J. Fox Theatre on September 2, 2023. This event was an overwhelming success, raising over \$28,000! These generous donations will be directed toward acquiring ceiling lift motors, greatly benefiting the residents of Villa Cathay.



粵藝慈善夜

衷心感謝楊海城粵劇學院及粵藝之友合辦粵藝慈善夜為華宮安老院籌款，是次活動共籌得超過\$28,000的善款，將會用於支持華宮添置更多的電動天花升降機。

感謝當天所有參與表演的表演嘉賓，包括溫哥華萬能老信楊海城先生、香港粵劇紅伶宋洪波先生、香港粵劇紅伶林穎施女士、賽嘉鳴女士、陳冠琪女士、張國權先生、李綺華女士及張志翔先生，為我們帶來扣人心弦的表演，期待未來能夠有更多機會欣賞他們的演出！



Ceiling lifts are essential for residents who require transfer assistance, as they allow for safe, comfortable, and dignified transfers. While Villa Cathay has ceiling tracks installed in each resident's room, we need additional resources to purchase the ceiling lift motors and slings for all rooms. Equipping our entire facility with ceiling lifts will ensure that every resident benefits from this crucial equipment.

電動天花升降機對行動不便的長者尤其重要，可以協助我們以安全、舒適和有尊嚴的方式地移動行動不便的長者。華宮安老院已經在每個長者的房間安裝了軌道，但我們需要額外的支持，才能為所有房間購買移動機和吊索，讓長者能隨時都享用這個重要的設備。



Reconnecting with the Community

Since the COVID-19 pandemic, Celebrate Strathcona on June 10, 2023, in Strathcona Park was the first community event that our team participated in. We thanked the Strathcona Residents' Association for organizing this amazing event which allowed us to reconnect and meet our neighbors!



與社區重聚

自COVID-19大流行以來，2023年6月10日在士達孔拿舉行的Celebrate Strathcona戶外活動，是華宮團隊參與的首個社區活動。我們感謝士達孔拿居民協會組織這個活動，讓我們重新連結並認識了我們的鄰社！

Forum on Seniors' Care and Housing

We are honored to host the Chinese Canadian Historical Society of British Columbia, Asian Canadian & Asian Migration Studies at UBC, Chinatown Society Heritage Building Association, Chinatown Seniors' Affordable Housing Working Group, and UBC ACRE for a forum to pay tribute to Joe Y. Wai and discuss the future of seniors' care and housing options.

Thank you to the panelists: Dr. Henry Yu, Hayne Wai, Louisa May Khoo, QiWan from JYW Architecture, Fred Mah, Susan Tatoosh from Vancouver Aboriginal Friendship Centre Society, and Szuchi Lee from Villa Cathay Care Home for leading an inspiring dialogue!

探訪長者護理與住屋論壇

我們很榮幸為卑詩省華裔歷史學會、卑詩大學亞裔加拿大人及亞洲移民研究中心、唐人街社區古蹟建築協會、唐人街長者平價房屋工作小組以及卑詩大學ACRE的座談會提供場地，以表彰韋業祖博士並探討長者護理與住屋選擇的未來。

感謝座談會的發言人：Henry Yu 博士、Hayne Wai、Louisa May Khoo、JYW Architecture 的 QiWan、Fred Mah、溫哥華原住民友誼中心的 Susan Tatoosh，以及華宮安老院的院長李思綺，讓與會者深入思考長者的未來！



Thank You to Our Supporters 衷心感謝

Government funding is limited, but philanthropic contributions allow us to provide additional services and programs that greatly enhance our residents' quality of life. We extend our heartfelt thanks to the donors who had made contributions between April 1, 2023, and March 31, 2024:

Residents Experience Enhancement Project Donor 優化長者體驗計劃善長

Tung Lin Kok Yuen, Canada Society

Legacy Donor 傳承善長

Gaw Family Fund

Care for Seniors Month Matching Donor 華宮愛心籌款月配對捐贈善長

Chan Sisters Foundation

Residents Immediate Needs Donor 長者急需項目善長

Peterson and the Yeung Family

\$25,000 - \$10,001

Anonymous

Howard Glase & Daisy Wong Private Giving Fund

Eddie and Justin Hui

Estella Lang

Ping Mah

Lai Yin Sheung

T&T Supermarket Inc.

Dr. Edward Yeung and Mrs. Eugenie Yeung

\$10,000 - \$5,000

Dr. Jason Choi, Dr. Ken Chow & Dr. David Yang

Edna May Eng Family Foundation

Drs. Ray Fong and Angelique Leung

Hsu & Hsieh Foundation

Szuchi Lee and Dr. Tigerson Young

Magnum Projects Ltd.

Anna Nugyen's Family

(\$10,000 - \$5,000 Cont.)

Mr. Chiu Ming & Mrs. Kwong Wan Tsang

Chi Ying Wong

Judy and Francis Yee

Corporate Sponsors 贊助機構 (\$5,000+)

852 Kitchen

MediSystem

We gratefully acknowledge the tribute gifts made in honor of the individuals listed below 我們衷心感謝為紀念或致敬下列人士所作的捐款 (\$5,000+):

Mrs. Vivian Ling

Mr. Delfin Tee Jao

Service Program Partners 服務項目夥伴

KPU Traditional Chinese Medicine - Acupuncture Program

Langara College Registered Massage Therapy Program

UBC Geriatric Dentistry Program

即使政府撥款有限，仰賴善款的幫助，華宮可以提供額外的服務和項目，提升長者的身心健康。我們衷心感謝以下於2023年4月1日至2024年3月31日期間捐款的善長人翁：

Giving Tuesday Matching Donor 慈善星期二配對捐贈善長

Jack and Sylvia Gin Foundation

We would like to extend our appreciation to the Villa Cathay Care Enhancement Advisory Committee Members 衷心感謝華宮護理躍進提升諮詢委員會成員:

Dr. Kenneth Chow (Co-Chair)

Eva Ho (Co-Chair)

Dr. Joyce Ling (Co-Chair)

Kuo Wong (ex-officio, Chair of Villa Cathay Board)

Jane Young

Gordon Yu



Our list of donors extends beyond those featured on this page. Please scan the QR code to view additional names of our generous supporters! 致謝名單不能在本頁盡錄，敬請掃描二維碼查看更多善長芳名！

Ways to Support Villa Cathay 支持華宮安老院的方式

With the generosity of philanthropic and community support, we can offer the best possible care for Villa Cathay residents! 善長和社區的愛心支持，可以令華宮安老院為長者提供最佳的照顧和服務！



Monthly Giving 每月捐款

Your monthly gift ensures a steady and reliable stream of funding for our ongoing programs and services, supporting our residents throughout the year. Every dollar counts!

每月的捐款可確保正在進行的計劃和服務有穩定可靠的資源，從而全年為長者提供支持！積少成多，每一元的善款都很重要！月捐的善長會在每年的一月份將收到一捐款總額的減稅收據。



Workplace Giving 員工慈善捐款配對計劃

Many major corporations offer employer matching gift programs. This means that your donation can be matched by your employer, effectively doubling the impact of your support for Villa Cathay Care Home!

大型企業都會有一個員工慈善捐款配對計劃，即員工捐出善款，企業便會以「一比一」的形式配對捐贈，令您的一份捐款，可發揮雙倍力量！



Planned Gifts 規劃捐贈

Integrating a charitable gift into your estate plan is a powerful way to leave a lasting impact. Consider including a donation to Villa Cathay in your will or designating us as the beneficiary of your life insurance, RRSP, RRIF, or TFSA accounts. A tax receipt will be issued for the full amount of the gift, reducing the taxes payable on your estate.

將慈善捐贈納入資產規劃是留下持久影響的有力方式。您可以在遺囑中將華宮安老院列為受惠者之一，或指定華宮安老院為您人壽保險、RRSP、RRIF或TFSA帳戶的受益人，捐款額可獲發同等價值的捐贈收據，用作減低應納遺產稅額。



Gifts of Stocks 捐贈股票

Save on capital gains tax and receive a tax receipt for the full market value of your appreciated publicly traded stocks or mutual funds when you donate them to Villa Cathay.

當您將升值的公開上市股票或基金捐贈給華宮安老院時，您可免繳資本利得稅，並獲得與證券市場價值相符的捐贈收據，用作減稅。



Honour, Tribute, or Celebration Gifts 致敬、紀念或賀禮捐助

Making a donation yourself or encouraging friends and family to donate in lieu of gifts is a meaningful way to honor a special event or remember a loved one.

無論是為了紀念摯愛、表達謝意或致敬，或者慶祝生日、結婚、週年紀念、孩子的出生或退休等，您都可以請參與者以捐款到華宮安老院代替禮物，既能表達心意，又能改善長者的服務，兩全其美。



Host a Fundraising Event 舉辦籌款活動

Organizing your own event to fundraise for Villa Cathay is a fulfilling and rewarding experience. By rallying friends, neighbors, and colleagues, you can raise awareness and funds that directly benefit our residents!

自己組織籌款活動為華宮安老院籌款，是一個充實且有趣的經歷。集結朋友、鄰居和同事的力量，您可以提高社區對長者的關注，更可籌款，讓長者受惠！



@villacathay
f villacathaycarehome
X villacathaych

Villa Cathay Care Home Society
970 Union Street
Vancouver, BC, V6A 3V1

🏠 villacathay.ca
☎ 604.254.5621
📠 604.254.5230
✉ info@villacathay.ca